

**RISE KRISHNA SAI PRAKASAM GROUP OF INSTITUTIONS** 

Affiliated to JNTU Kakinada; Approved by AICTE, New Delhi

Valluru, Prakasam-523272

RAGA

## **Report on personality Development Programme**

Date: 20<sup>th</sup> Mar 2019

Program objectives:

- Creating awareness on personal hygiene and sanitation in the participants
- Increasing the awareness about usual health issues faced by girl students.
- To make the students health conscious.
- Alerts the students on sexual abuse, Aids awareness and unhealthy relationships

Outcomes of the Program:

- Identify and manage health issues.
- Understand the importance of hygiene and sanitation.
- Creating the awareness on self protection.

The program started on the afternoon of 20<sup>th</sup>Mar 2019 at 2PM .It started with the welcome note given by the girl student of IV-B.Tech, followed by inviting the dignitaries on the dais. The principal of RISE Krishna sai prakasam group of Institution started the program with his speech wishing smooth learning of the students. The chief advisor of RAGA committee Mrs.Sidda Pravallika garu gave her valuable message to the students and explained about importance of health.

The resource person Dr.Eswari Chandrasekhar garu equipped the girls with A to Z awareness about health issues faced by girls, including tips on healthy diet ,weight management and hygiene .the talk also included alerts on sexual abuse, Aids awareness and unhealthy relation ship. At the end of the session Q&A segment was arranged where Dr.Eswari Chandra sekhar addressed the girls queries about the related issues.

At the end of the program as a token of gratitude the program ended with the vote of thanks.





